



VEGETABLES

(Subject to Availability)

Artichoke

Reported to contain the highest level of antioxidants of all vegetables! Harvest immature flower buds before they start to open. The base of each bract & the large, fleshy base (or artichoke heart) are edible & delicious. The smaller, immature heads are the most tender. Beautiful plants become large, 4-5' tall & wide, & unharvested buds open into gorgeous thistle-like flowers. Full sun to part shade. These are perennial plants that can produce for several years.

Carciofo Romanesco

(80-90 days) Classic Roman variety with bronze-streaked foliage & sweet, flavorful, purple-tinged buds.

Green Globe

Heirloom (78 days) The purple-tinged, deep green buds develop into 3-5" wide, thick, flavorful heads, about 3-4 per plant.

Bak Choi/Bok Choy (early spring only)

One of the most popular Asian vegetables. Tasty leaves with slight mustardy flavor. Harvest at any stage. Great in stir fries, soups, noodle & meat dishes, and salads (young leaves).

Green

(40-50 days) Dark green leaves with white stems.

Joi Choi hybrid

(40-50 days) Large, fast-growing, vigorous plant; tolerates a wide range of temperatures; bright green leaves 12-15" tall.

Purple

(45-55 days) Beautiful, dark purple leaves on green stems; tender & mild-flavored.

Broccoli (early spring only)

Blue Wind

(49 days) Extra-early variety with medium- to large-sized heads & good side-shoot production for a continued harvest of delicious florets. (JLL)

Packman

(57 days) Vigorous, heat-tolerant plants produce large, solid heads & lots of side shoots after the main head is cut for extended harvests. Very tender with a mild flavor. Superb raw or cooked and freezes well.

Premium Crop

(62 days) Large green heads with excellent flavor & good side-shoot production for extended harvests. Resistant to heat & fusarium wilt. Award winner. (JJL)

Cabbage (early spring only)

Hwa King

(70-80 days) Chinese (or Napa) type with a more delicate flavor than regular cabbage. Use in salads or stir-fry. Makes a delicious coleslaw shredded finely then tossed with ginger, soy sauce, sesame oil, & rice vinegar. (JJL)

Stonehead

(67 days) Early producer of tightly packed, short-cored, 4-6 lb heads. Pest- and disease-resistant.

Cantaloupe

Gold Reserve

(79 days) Oval, 6 to 8 lb. fruit with sweet mid-orange flesh. (JJL)

Minnesota Midget

Heirloom (60-75 days) Extra-early variety on vines that are seldom over 3' long (great for containers or smaller gardens). Round 3-4" fruits with thick golden yellow flesh that is edible to the rind & deliciously sweet.

Sarah's Choice

(79 days) Attractive oval-shaped cantaloupe to about 3 lbs with sweet, juicy, incredibly delicious orange flesh. Good disease resistance.

Cauliflower (early spring only)

Cheddar

(68 days) Domed, 4-7" wide, orange-colored heads with 25 times the beta carotene of plain white types. Keeps its color when cooked. Extra-healthy & colorful in raw or cooked dishes. (JJL)

Graffiti

(80 days) Large, deep purple heads that turn a mauve color when cooked. More tolerant of rainy & humid climates than older varieties. Highly resistant to powdery mildew. Steam, saute, or lightly boil (add a little lemon juice or vinegar to keep color stronger) (JJL)

Snow Crown

(50-60 days) Mild & sweet, large, white heads on a fast-growing, vigorous plant. Holds up to 10 days in the garden. (JJL)

Veronica Romanesco

(77-85 days) Large heads with clusters of swirling lime-green spires as beautiful as they are delicious. Tastes like a nuttier cross of broccoli & cauliflower. Excellent raw or cooked. (JJL)

Celery

Utah

(90-100 days) Fresh celery is much more aromatic & delicious than store bought. This is a compact variety with dark green stalks. Harvest by cutting the base at soil level with a knife.

Corn

Honey 'N Pearl

(76 days) Popular, yellow & white, tender, sweet corn. Large, finely textured, well-filled cobs up to 9" long contain twice the sugar of regular corn. Award winner with superb disease resistance plus tight husks that lower the risk of corn earworm infestation.

Sugar Buns

(72 days) This sweet yellow corn, with its sugar-enhanced heritage, is of excellent eating quality with an average ear length of 7". Remaining tender for up to two weeks in the field, it has the longest harvest period of all early corn varieties. (JJL)

Cucumber

Burpless

(55 days) Sweet, mild, burpless dark green slicers with no bitterness. Up to 12" long and 2" in diameter. Excellent sliced, but also fine for pickling when picked at a smaller size. High yielding.

Bush Crop

(60 days) Extremely prolific dwarf variety with dark bluish-green skin, crisp white flesh and a small seed cavity. 6-8" long slicing cucumbers on runnerless vines only 1-2' long. Excellent for containers or small garden plots. Scab-resistant. (JJL)

Diva

(58 days) AAS winner. Produces tender, crisp, sweet, bitter-free, & seedless cucumbers that are especially flavorful when harvested small. Produces exclusively female flowers which do not require pollination to set fruit. Foliage is nonbitter, thus not as attractive to cucumber beetles. Resistant to scab & mildews.

Homemade Pickles

(55 days) Solid & crisp cucumbers with superb flavor. This disease-resistant, vigorous grower bears exceptionally high yields of uniform, medium-green fruit with small white spines. Harvest at 1-1/2" for baby sweets, at 5-6" for robust dills and spears, or any size in between.

Salad Crop

(63 days) This one has it all--great taste, compact plants and excellent disease resistance. Produces straight, 8-9" long, dark green slicers. (JJL)

Straight Eight

(63 days) Extremely popular early variety that produces straight, dark green, 8" long cucumbers with a small seed cavity & white spines. Excellent for slicing, salads, or dill pickles.. Award winner.

Eggplant

Black Beauty

(Heirloom - 74 days) A standard worldwide for large-fruited, black eggplant. Glossy fruits get up to 8" long with perfect shape for eggplant steaks on the grill or Eggplant Parmesan. No need to peel the tender skin.

Calliope

(64 days) Beautiful, oval, Asian-style eggplant. Small fruits are variegated purple & white and can be harvested at 2" long for baby eggplants or 3-4" long when mature. (JJL)

Dancer

(61 days) Deep pink, Italian-type eggplant. Semi-cylindrical fruits are mid-sized (7-8" long x 3-4" wide), mild, and non-bitter. Plants are strong and high yielding. (JJL)

Fairy Tale

(50 days) AAS winner. Early harvests of pretty, elongated, lavender eggplant with white stripes. Flesh is white & non-bitter (best picked when about 4" long & skin is still shiny). Dwarf plant to about 24" tall is ideal for containers & smaller gardens.

Hansel

(55 days) AAS winner. Beautiful, non-bitter eggplant can be harvested from 2" up to 10" long while staying mild with few seeds. Glossy, deep purple, finger-shaped fruit appear over a long season. Compact plants to about 3' tall.

Ichiban

(61 days) Long, slender, purplish-black, Asian-type eggplant with thin, tender skin & a sweet, mild flavor. Perfect for Asian dishes, grilling, & roasting. Attractive purple-tinged foliage on productive plant. (JJL)

Orient Express

(58 days) Long, slim Asian variety (8-10" long x 1 1/2-2 1/2" wide) with thin, glossy black skin & tender, delicately-flavored flesh. Sets early & in both cool & hot weather. (JJL)

Pingtung Long

Heirloom (65-75 days) A prolific, early-producing Asian-type with slender fruit up to 12-18" long x 1-2" wide. Very tender skin doesn't need to be peeled. A vigorous, stress- & disease-tolerant plant.

Kale (early spring only)

Extraordinarily nutritious vegetable. One cup has more than 100% of the daily value of Vit K & A & almost 90% of the daily value of Vit C. A rich source of compounds linked to cancer prevention. Use raw or lightly steamed in soups, stir-fries, & other dishes.

Nero di Toscano

Heirloom (50 days) Superior Italian variety also known as "Lacinato" or "Dinosaur Kale". Dark green, heavily "blistered" leaves have a softer texture than curly types. Productive plants can reach 2-3' tall. Heat-tolerant.

Redbor

(50 days) Beautiful & tasty variety with mild-flavored, crisp, finely-curved leaves. Grows 18-24" tall.

Starbor

(50 days) Densely curled, blue-green leaves with a superb flavor & texture. Compact growth habit.

Kohlrabi (early spring only)

A member of the cabbage family that develops an edible bulb with a crunchy texture like that of a water chestnut. Peel, then slice or shred raw into salads or coleslaw, cook in soups, stews, or stir-fries, or roast in meaty dishes. Add near the end of cooking to keep its crunch, if desired. Leaves can be cooked like you would other greens.

Delicacy Purple

(65 days) Vibrant purple skin & crisp, delectable flesh. Resists cracking. Harvest when bulb is about tennis ball size.

Gourmet Purple

(50 days) Slightly flattened, lilac-purple, crisp bulbs with a delicate, sweet flavor. Slow to bolt.

Lettuce (early spring only)

All-Star Gourmet

(30 days) A specially-designed salad mix with reds, greens, ruffles, & other uniquely-shaped leaves. (Green & Red Oakleaf, Green & Red Romaine, Lolla Rossa, & Redleaf) (JLL)

Ashley

(33-47 days) Bronze-red oakleaf with mild flavor & excellent heat tolerance. One of the best for baby greens or cut-and-come-again production. (JLL)

Buttercrunch

(65 days) Award winner. Heat-tolerant Bibb-type with luscious, buttery texture. Rich green leaves form a beautiful rosette in the garden that holds well under stress & has good bolt resistance.

New Red Fire

(29 days) Heavy heads of crisp & sweet, red, frilly leaves on plants with excellent heat tolerance & bolt resistance. (JLL)

Red Romaine

Heirloom (40 days) Delicious, crunchy, spoon-shaped leaves that start green & fade to purple-red. Very bolt-resistant.

Red Sails

(45 days) Large, erect leaves start deep red at the ruffled tips, shade to bronzy-maroon in the center, & turn green at the base. A pretty addition to a mixed salad. Soft texture & buttery flavor on a heat-tolerant, bolt-resistant plant.

Romaine (65-70 days) Thick, crisp, elongated leaves that hold well after harvest. Sweet & delicious. Very heat-resistant & slow to bolt.

Simpson Elite

(53 days) Like Black-Seeded Simpson but can be harvested a month longer. Crisp texture & fine flavor. Early maturing & tolerant of hot weather.

Okra

Great for soups, stews, jambalaya, & casseroles. Also excellent fried, either whole or sliced, & pickled.

Clemson Spineless

(56 days) Heavy producer of grooved, very meaty pods without spines that are best picked when 2-1/2 to 3" long. Full-bodied flavor. Award winner.

Eagle Pass

(55 days) From the area around Carrizo Springs & Eagle Pass, TX. Productive plants with big, tender & delicious pods that are less slimy than other okras.

Jambalaya

(50 days) Extra early & heavy bearing compact plants that set masses of dark green fruit. Tender, meaty pods are 4-5" long & very evenly-sized (great for pickling).

Stewart's Zeebest

(65 days) Developed by the late George & Mary Stewart of Houston, TX. The story of how they developed this special okra was featured in the May 2009 issue of Texas Gardener magazine. The Stewarts spent 9 years planting & replanting, selecting the most heavy-bearing, bushy plants that produced tender pods. The pods are said to remain tender even at 8" or more in length.

Onions, Bunching

He Shi Ko

Heirloom (60-80days) Mild & tasty, Japanese bunching (non-bulbing) onions that are used like scallions. Delicious, pungent flesh on 12-14" white stalks with tender leaves. Overwinters & "over-summers" here. Stalks grow & can be divided from the base.

Pak Choi (early spring only)

Ruby

(21-42 days) Attractive purple/red-leaved variety with bright green stems. Flavor is sweet with a hint of mustard. Can be used as a baby leaf vegetable or as whole heads (cut off just above ground level & allow to resprout) shredded into stir-fries. (JLL)

Purslane

Golden

(30 days) Golden stems and large, succulent light green leaves packed with healthy Omega 3 fats (the highest concentration of any crop) and rich in anti-oxidants. Fresh tangy flavored leaves are a delicious addition to salads. Vigorous & easy to grow.

Spinach

Donkey (early spring only)

(42 days) Dark green, semi-savoy type suited to our warmer springs. (JLL)

Emu (early spring only)

(42 days) Dark green, bolt-resistant variety great for spring. (JLL)

Hybrid Smooth Leaf (early spring only)

(39 days) Very slow bolting plants that hold well in the garden with delicious dark green, oval leaves.

Red Malabar (available in summer)

(50-70 days) Not a true spinach. This heat-loving, vigorous climbing vine has attractive red stems & thick, glossy, succulent leaves that have a slight Swiss chard taste. Use leaves & young stems sparingly in salads & stir fries. Grows in hotter temperatures than true spinach.

Whale

(37 days) Very early yields of oval, dark green, smooth-leaved spinach. Very downy mildew-resistant. Excellent to harvest as baby leaf &/or bunched.

Squash

Dixie

Crookneck (41 days) Early variety produces heavy yields of shiny, lemon yellow, strongly tapered 5-6" long fruit. Skin is smooth, unlike other yellow crookneck varieties. Very flavorful & tender. Best when harvested at about 6" long.

Yellow Crookneck

Crookneck (58 days) Compact plants that produce loads of creamy, mild, sweet, & flavorful yellow, swan-necked squash. Best when harvested at 5-6" long. (JLL)

Yellow Straightneck

Straightneck (Heirloom - 42 days) Early, prolific yields of creamy, yellow-skinned fruits with firm, delicate flesh. Best when 8-9" long. Perfect to slice into lengths for grilling, sliced thin for dips, or used in any number of dishes.

Swiss Chard (early spring only)

(60 days) A close relative of garden beets. Tangy, colorful leaves & stems are an excellent cooked vegetable & tremendous source of vitamins. Eat like spinach or beet greens. Best harvested young for salads. Tolerant of hot weather & easy to grow.

Watermelon

Crimson Sweet

Heirloom (85 days) Award winner. The 20-25 lb oval to round fruit have sweet, fine-textured, firm flesh with relatively few small, dark seeds. Rind is medium green, tough & thick with dark green stripes. Disease-resistant & thrives in most climates.

Halbert Honey

Heirloom (days) Dark green, elongated fruit with sweet tasting, crisp, & juicy pink flesh. Described as one of the best tasting melons on the market, a favorite. Developed in Texas.

Moon & Stars

Heirloom (88-90 days) Medium-sized (6-10 lb), oval, dark green fruit are covered with pea-sized bright yellow "stars" and usually one larger "moon." Pink flesh is heavenly sweet & juicy. Beautiful plant has spotted foliage too.

Sugar Baby

(85 days) Compact vine is good in containers or smaller garden plots. Produces heavy crops of 6-10 lb melons with firm, sweet, red-orange flesh. The rind has distinct stripes when immature, becoming black-green when ripe.

Zucchini

Ball's (46 days) Large, vigorous vine produces heavy crops of dark green, 8-10" long, uniform fruit.

Cash Flow (46 days) This variety produces high yields of slightly tapered, 8" fruit that are medium-green with light speckles and a delicious flavor. The vigorous, bushy plants are highly disease-resistant. (JLL)